

Therapy Space

Ron Tripp

Counsellor/Psychotherapist

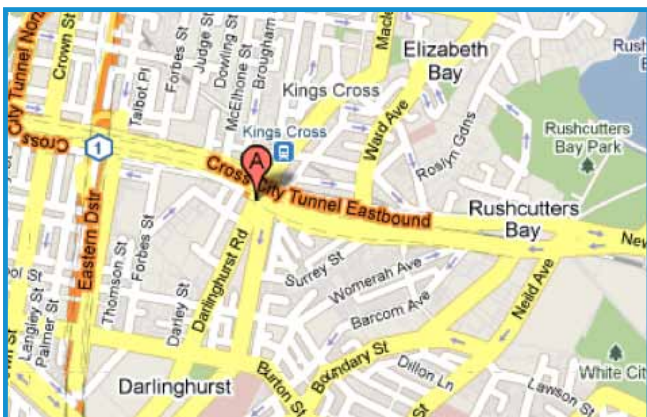
Ron Tripp is a **Person Centred Counsellor and Psychotherapist**. Depending on the needs of his clients, he may also incorporate aspects of **Acceptance & Commitment Therapy** (Mindfulness Counselling), **Cognitive Behavioural Therapy**, **Relational Emotive Therapy** and **Solution-Focused Therapy**.

He is a clinical member of **The Counsellors and Psychotherapists Association of New South Wales Inc** and the **Psychotherapy and Counselling Federation of Australia**.

He works primarily with individuals and couples in private, face-to-face sessions. Sessions generally run 50 minutes, however please allow approximately 75 minutes for initial consultations. Individual sessions are \$100 and couple's sessions are \$130.

He is experienced in working in these areas:

- Sexual Health Counselling
- Sexuality (GLBT focused)
- Relationships (Personal, Family, Couples)
- Self-awareness & self-esteem
- Alcohol/Drug Issues
- Grief and Loss
- Disability and Chronic Medical Conditions
- HIV/AIDS related Issues
- Depression and Anxiety
- Trauma (including PTSD)
- Stigma, discrimination and social justice
- Consciousness/Spirituality/Childhood Experiences



Talk 0430 588 436 **Write** rontripp@therapyspace.com.au

Location Suite 101/171 Darlinghurst Road, Darlinghurst 2010